

Be Aware of Poisons in Your Home

The American Association of Poison Control Centers tells us, “poisoning is the leading cause of injury related death in the US.” Out of the two million poisonings that occur every year, 90% happen *in the home*.

Kids 6 months to 5 years of age suffer the most non-fatal poisonings. It is never too early for parents to make their home safe from poisons. Safety proof your home *before* your baby starts to crawl and stand.

Go through each room in your home. Make sure all plants, medications and products are *out of reach* and *out of sight* for babies and small children.

Install safety latches on cabinets and drawers. However, parents can forget to secure a latch. Some doctors recommend that parents should keep *all* products up and out of reach. In addition, rinse all bottles and empty containers before discarding.



Look for possible poisonous products in the:

- **Kitchen** – drain cleaners, bleach, oven cleaners; powdered, liquid and pod detergents; ammonia, vitamins, medications; furniture and metal polish; pet products and cleaners. Keep cooking oil out of your child’s reach.
- **Bathroom** – medications, shampoo, lotions, spray bottles, rubbing alcohol, deodorants; nail polish and remover; mouthwash, gels, bath crystals, denture tablets and products containing camphor.
- **Bedrooms** – medications, cosmetics, perfume, hand sanitizer and items in a purse.
- **Living/Family Room** – batteries; cigarettes, e-cigarettes and liquid nicotine; plants and oil diffusers.
- **Garage/Basement** – automobile products, animal/insect poisons, lawn chemicals, gasoline, turpentine, glues, paint supplies, motor oil and pool chemicals.
- **Closet/Attic** – mice/ant poisons and moth balls.

Do not delay. Take steps today to *keep your home safe!*

Keep the Poison Control number where you can easily find it. 1-800-222-1222.

Call this number if you suspect your child has come in-contact with a medication or a poison. You can also call to ask questions.

To learn more, log on to:

webpoisoncontrol.org and aapcc.org

*Brought to you by Parent Help Line at HSHS St. John’s Children’s Hospital
to help keep kids safe, healthy and happy.*



Call the Parent Help Line. Help is just a phone call away.

1-217-544-5808 or 1-888-727-5889
10 a.m. to 10 p.m., 7 days a week
www.parenthelpline.org

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