

Prepare for Kindergarten Ready in Stages

4 - 5 Years Old

Preschoolers are enthusiastic and love to learn. They are still learning boundaries – what to do and say. Use daily activities to teach.

Children need specific skills to find success in school. Chart your child's skills. Before starting school, your child should be able to:

- Speak clearly and talk with others.
- Say his first and last name, and address.
- Name and identify at least 4 – 5 colors.
- Name pictures of items like a **ladder**, **snake**, **duck**, **truck** or **leaf**.
- Listen and follow a 3 step task.
- Follow rules, most of the time.
- Count to at least the number 20.
- Read and name all uppercase and lower case letters.
- Read 5 – 10 words he sees often.
- Print his first and last name.
- Draw a person with a body.
- Point to body parts like elbow, wrist and heel.
- Copy letters, numbers and shapes.
- Match objects with numbers – **4 spoons**, **3 apples**, **2 books**
- Swing, climb, hop and skip.
- Walk backward – toe to heel.
- Stand on one foot for at least 10 or more seconds.
- Work for at least 5 minutes on a task.
- Understand the concept of time.
- Care for most of his needs without help – eat with fork and spoon, dress and undress, use the restroom.
- Show kindness and empathy – to want to please others.
- Listen for 20 minutes while you read a book.
- Talk about a book she just read. Retell the story.



Find more tips to help your child
grow and learn at www.parenthelpline.org.

