

Prepare for Kindergarten
Ready in Stages 

Baby 6-12 Months

Babies learn at a rapid rate and develop at their own pace. Your baby will learn some skills sooner or later than other babies. Help your baby learn to do each of these skills.

By the end of 12 months, your baby should be able to:

- Say 2 – 3 words like mama and dada.
- Use a pincer grasp to pick up small objects.
- Squeak a toy with her hand.
- Creep, scoot or crawl.
- Pull herself to a standing position.
- Crawl up stairs, but cannot crawl downstairs.
- Sit down without help.
- Hand you a book when he wants to hear a story.
- Hold her arms out to be picked up.
- Point to objects with her finger.
- Feed himself finger food.
- Drink from a sippy cup with two hands.
- Respond when you call his name.
- Can nod her head yes or no.
- Start to walk holding on to furniture or your hand.
- Bang 2 blocks together.
- Wave bye-bye.

Take this chart when you visit your baby's doctor.

Your baby:

- Might be shy with strangers.
- Cling to you.
- Cry when separated from you.
- May triple her birth weight.

Read the Parent Help Line's *Live Love Grow and Learn* booklets for ideas to help your baby grow and develop from birth to 5 years of age.



Find more tips to help your child
grow and learn at www.parenthelpline.org.

