

# Wintertime Holiday Fun with Dad

**Wintertime holiday celebrations teach kids. Children learn family's religious beliefs and ethnic traditions. Rituals of food, music, stories and decorations help kids connect to family – past and present. Many cultures and religions have winter celebrations.**

Introduce your child to people from different faiths and cultures. Learn how they celebrate winter holidays.

With your child:

- Read about a specific holiday. Find books your child can understand. Picture books teach kids of all ages.
- Discuss tradition. Compare them to your traditions. How are they the same? How are they different?
- Find hands-on activities. Learn new games. Make decorations.
- Prepare food used in the celebration.
- Plan a party. Share your new-found knowledge with others.

- Attend a community holiday event that offers a culturally different experience.
- Share a holiday party with a family who celebrates a different holiday. Invite them to your family event. Attend their party, and learn their tradition.
- Model skills that show respect for all people.

America is a diverse country. Your child should respect people from other cultures and religions. Learning how others celebrate helps your child understand and respect the differences.



*Brought to you by Parent Help Line at HSHS St. John's Children's Hospital  
to help keep kids safe, healthy and happy.*



**Call the Parent Help Line. Help is just a phone call away.**

1-217-544-5808 or 1-888-727-5889  
10 a.m. to 10 p.m., 7 days a week  
[www.parenthelpline.org](http://www.parenthelpline.org)

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 **Children's**  
HSHS St. John's Hospital